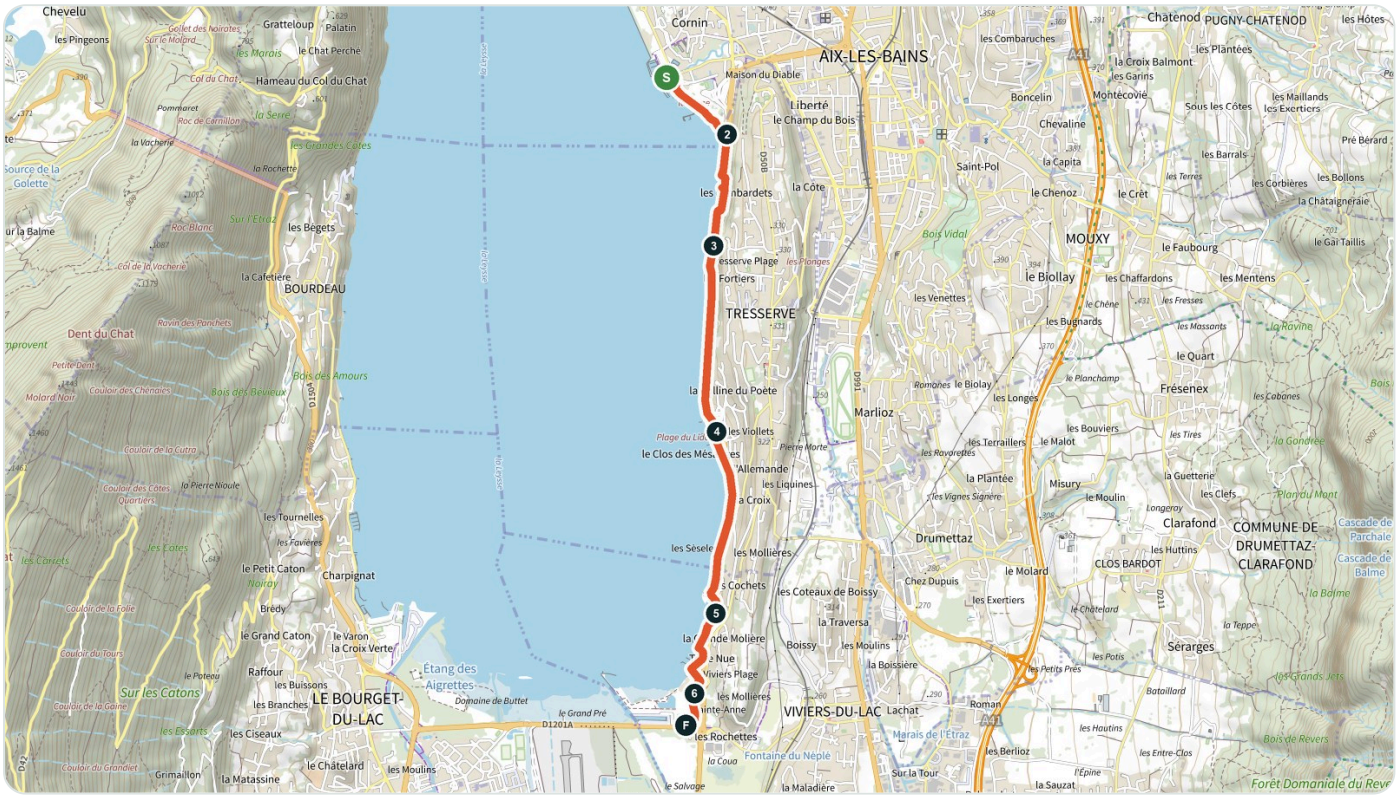
The chemin lacustre (lakeside path)

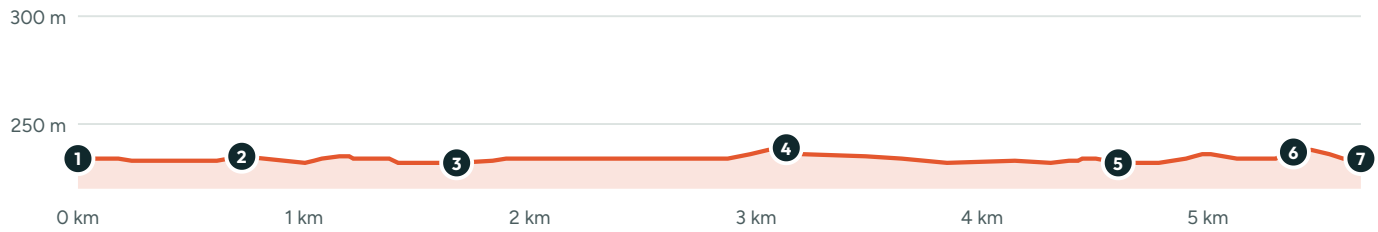
This is the simplest walk by the lake: a tarmac greenway, completely flat, that follows the east shore of Lake Bourget for 5.7 km, from the Petit Port in Aix-les-Bains to the Les Mottets leisure park. It passes the Lido beach and the Cap des Séselets, facing the Mont du Chat. You come back on bus line 1, without retracing your steps.

5.7 km	+6 m	2 hr	Easy difficulty
one way	total climb	walking time, without breaks	



S: start F: finish 1, 2, 3: steps route

Elevation profile



Why we love it

- The whole east shore of Lake Bourget, right by the water and with no climb
- Les Mottets leisure park and its observatory for the cistude (European pond turtle), the last freshwater
- The Lido beach and the reed beds of the Cap des Séselets, facing the Dent du Chat
- Back by bus line 1, without retracing your steps

The chemin lacustre (lakeside path)

5.7 km · +6 m · 2 hr · Easy

STEP BY STEP

1. **The Petit Port** km 0
   From Le Patio, allow 25 to 30 minutes (2.0 km): rue des Prés-Riants, boulevard du Maréchal-de-Lattre-de-Tassigny, then the whole of the avenue du Petit-Port, gently downhill towards the lake. At the Petit Port and its small-boat harbour, turn left and follow the water's edge south, with the lake on your right.

2. **Aqualac and the Rowing beach** km 0.7
   After the Aqualac aquatic centre, you reach the Rowing beach. This is the start of the Promenade du lac laid out by the Département (county council): the section to the Lido dates from 2011.

3. **The Tresserve shore** km 1.7
   The promenade runs due south between the water and the road, with benches and lawns. Opposite, across the lake, the village of Bourdeau stretches out at the foot of the Mont du Chat.

4. **The Lido beach** km 3.1
   Halfway along is the Lido beach, in Tresserve: lawns, toilets and lifeguarded swimming from mid-June to the end of August. If your legs are tired, you can stop here, but no bus stops here in winter.

5. **The Cap des Séselets** km 4.6
   The path runs alongside the reed beds and passes the Cap des Séselets, which juts out into the lake facing the Dent du Chat. It is the only place where kitesurfers are allowed to launch.

6. **The hamlet of Terre-Nue** km 5.4
   The path goes through the hamlet of Terre-Nue, in Viviers-du-Lac, and past its little harbour. This is where the official Promenade confort ends, near the Terre-Nue car park.

7. **Les Mottets leisure park** km 5.7
   You arrive at Les Mottets leisure park: a beach, picnic areas, children's games and an observatory where you may spot the cistude (European pond turtle), the last freshwater turtle in France. To get back, the "Base des Mottets" stop on line 1 is close by: 20 minutes to "Près Riants", a 7-minute walk from Le Patio.

Practical information

Start	Petit Port, Aix-les-Bains (234 m)
From Le Patio	30 min walk from Le Patio
Without a car	Outward: Ondéa line 1 (towards Pont Rouge) from the "Près Riants" stop, a 7-minute walk from Le Patio, to the "Plage d'Aix" stop (4 min), then 650 m on foot to the Petit Port.
Parking	The official route sheet lists three car parks along the promenade: Aix (Rowing beach), Lido beach and Terre-Nue.
Season	All year round. The promenade was repaired after the exceptional flood of winter 2023-2024 and reopened on 9 December 2025.
Waymarking	No waymarks to follow: the greenway runs along the lake without a break, signposted by Grand Lac and the local councils.
Water	No drinking water point on the promenade reported by the official sources: bring a water bottle.
With children	Perfect with children, with a pushchair, a scooter or a bike: everything is flat and tarmac.
Dogs	Allowed, on a lead at all times (Promenade du lac regulations, Grand Lac, 2026).
In your bag	Trainers, cap and sun cream, a bus ticket or the Ondéa app for the way back, a water bottle.

Before you go

- The greenway is shared with cyclists and roller skaters: walk to the side and keep an eye on children.
- Work on the Cochets and Séselets boardwalks since 28 September 2026, for about three months: the path stays open, with construction lorries.
- Lifeguarded swimming only at the Lido, Rowing and Aqualac beaches, in season; elsewhere, you swim at your own risk.
- Barbecues, fires, camping, fishing and amplified music are banned on the promenade (Grand Lac regulations, 2026).

Our tip

Set off in the late afternoon, walk to Les Mottets with the sun sinking over the Mont du Chat, then come back on bus line 1, checking the time of the last bus before you leave.

In an emergency

Call 112, the European emergency number, which works even without your own network.

Interactive map and GPX
Follow your position on the route, on your phone.

Le Patio, in central Aix-les-Bains
Air-conditioned apartment with a terrace, for 4.
Concierge: +33 6 16 86 04 34.

Information checked on 22 October 2026 against official sources. Indicative route (OpenStreetMap contributors, ODbL), IGN RGE ALTI elevations, IGN base map: always follow the waymarks and check the weather before you set off. https://lepatio-aixlesbains.fr/en/hiking-aix-les-bains/chemin-lacustre/